

Departments of Chemical Pathology and Biochemistry
The Chinese University of Hong Kong

Research Information Sheet

Study of Immunomodulatory Activities of Herbsnsenses™ Cordyceps in
Healthy Subjetcs

A Randomized Double-Blind Placebo-Controlled Cross-Over Study

Investigators: Prof. CWK Lam, Prof. CK Wong, Prof. KN Leung, Prof. SK Kong

We would like to invite you to participate in this study sponsored by Greater China Technology Group Ltd, which is to investigate the immunodulatory effects of oral intake of Herbsnsenses™ Cordyceps in healthy subjects. Cordyceps has been used in the Orient as a tonic drug for the treatment of asthenia syndrome. If you agree to join this study, you will be randomized to receive orally either the placebo or Herbsnsenses™ Cordyceps (2 capsules, 500 mg per day) for the first or second 3 months. There will be 2 months wash-out period in between, and the total study period will last for 8 months. You will have detailed history review and questionnaire survey on vitality and quality of life. About 20 ml of blood samples will be taken before and after the placebo and Herbsnsenses™ Cordyceps for blood tests (total 4 times). The blood taking procedure will not induce any adverse effect to the body, but it may cause a slight pain during the blood taking procedure and a little swelling in the skin after 1 or 2 days. All your personal information will be kept confidential. A qualified representative of the collaborating pharmaceutical sponsor may inspect study record confidentially. You can refuse to participate or subsequently withdraw at anytime.

香港中文大學
化學病理學系·生物化學系

研究資訊

草苓香™冬蟲草在健康人中的免疫促進研究
隨機雙盲安慰劑對照交叉研究

研究人員：林偉基教授，黃振國教授，梁國南教授，江紹佳教授

我們希望閣下能參與此項研究。此項由大中華科技(集團)有限公司贊助的研究是測試口服草苓香™冬蟲草提高免疫功能。冬蟲夏草是東方常用的補益藥。如果閣下同意參加此項研究，將會隨機抽樣分別接受草苓香™冬蟲草或安慰劑(不含藥物)(每天2膠囊,共500mg)各3個月以及其間停藥2個月。整個研究會為期8個月。我們會紀錄閣下的病歷,體質及生活質素問卷;以及在服食草苓香™冬蟲草和安慰劑前後抽取20毫升血液樣本作化驗,共四次抽血。抽血程序不會對身體構成不良影響;但可能在抽血時有短暫輕微的皮膚刺痛感覺,及抽血後一兩天內抽血部位皮膚有輕微瘀腫。一切資料會絕對保密,贊助商有可能派認可代表查實研究記錄,這計畫是自願參加,閣下可以拒絕參與或隨時終止上述研究。

For enquiry for research and participant's rights related questions, please call Prof. WK Lam (Tel: 2632 2332)
如有任何有關研究或個人權利疑問,請致電林偉基教授,電話: 2632 2332。